

2-Day Swift Water Rescue Clinic

Date offered: Friday and Saturday, April 9 – 10, 2021

Location: To be determined (Ames preferred, alternate site Manchester white water park.

Start time: 9:00a.m.

Finish time: 5:00 pm on Friday – 4:00 pm on Saturday

Short description: This course is designed to provide students with the knowledge and skills to perform swift water rescues. The course will focus on using rescue equipment such as throw ropes and the rescue pfd. There will be an emphasis on swimming in current, tethered rope rescues, rescue wading and boat rescues.

Main emphasis: Is to provide the knowledge to perform swift water rescues as well as decision making skills during a swift water rescue. Rescue swimming and rope management are integral to this course.

Target audience: kayak or canoe paddlers who paddle on Class 2 and above water

Costs: The cost for the course is \$60.00 for ACA members and \$65.00 for none ACA members. The course is sponsored by Iowa DNR and Iowa Whitewater Coalition.

Class size: limited to 20 students

Equipment needed: your own food (snacks, lunch, liquids), suitable paddling gear for air and water temperatures (dress for getting wet, have towels and dry clothes for after), helmet, kayak or canoe paddle suitable for moving water use (possible rocks), whitewater kayak or whitewater useable canoe, air bags/flotation in kayak or canoe, spray skirt for whitewater kayak unless a sit-on-top whitewater kayak. Please bring any additional rescue equipment you might have such as throw rope, carabiners, pulleys or webbing that you prefer to use over the equipment provided.

Skills needed to take the class: This is not a whitewater kayak or canoe skills course, so individuals should have the ability to kayak or canoe independent of the class with the ability to self-rescue. Boating skills that are highly desirable is the ability to ferry in current, perform eddy turns and peel outs. If using a kayak with a spray skirt a kayak role is highly desirable, wet exiting is required. The ability to swim is also required.

Main goal of this course: is to make no more victims so having basic rescue knowledge is essential. This course will introduce new techniques for those unfamiliar with swift water rescue and provide a re-fresher for those experienced rescuers.

Full refunds if class cancelled due to adverse weather or water levels.

For additional questions contact Glenn Harman, lead instructor, at glenn.harman@dnr.iowa.gov